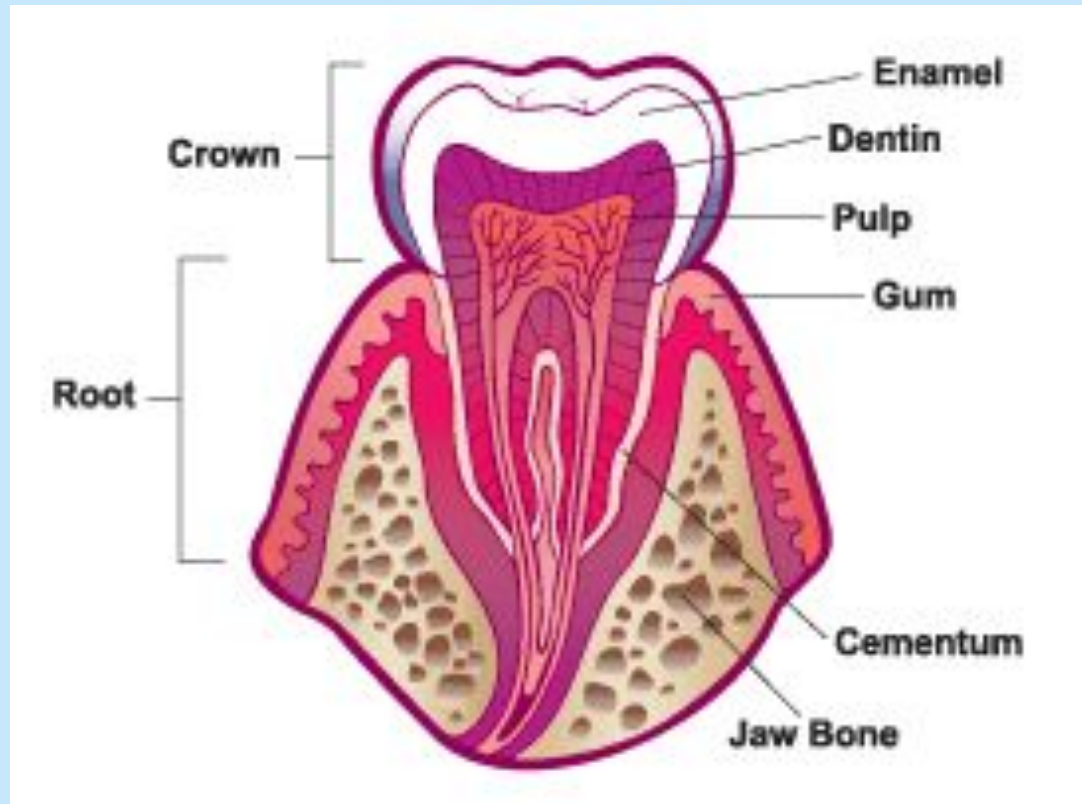


Dental Health



Parts of a Tooth



How Many Teeth Do We Have?



- Primary Teeth “Baby Teeth”

20

- Start to grow before you are born
- “Baby Teeth” begin to loosen and fall out between 6-7 years



Permanent Teeth



- Permanent teeth, are the teeth you get after you loose your “Baby Teeth”
- How many permanent teeth do we get?

32

- Do you grow anymore teeth, after your permanent teeth?

No



Permanent Teeth

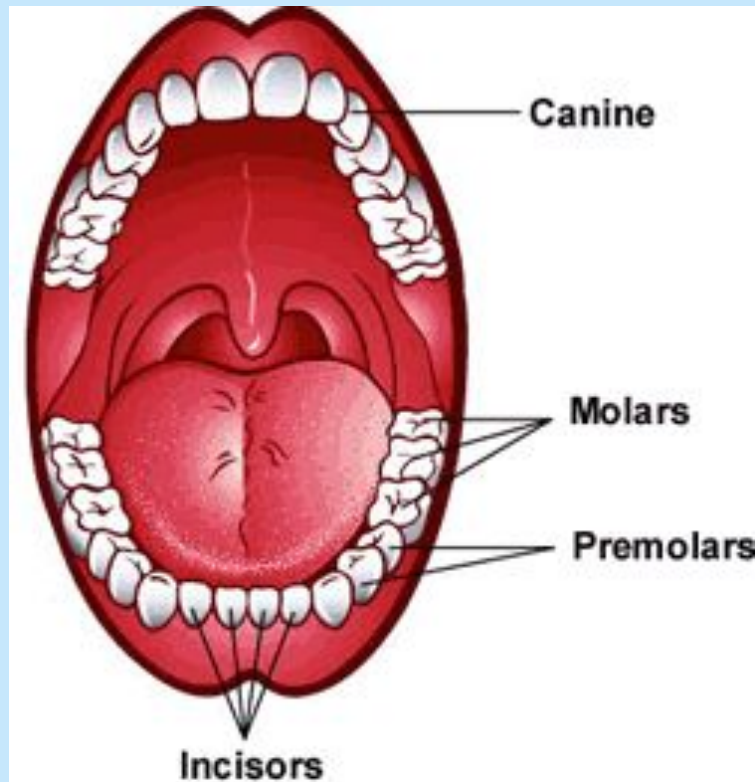


- 8 Incisors- “Front Teeth” like chisels, to cut food
- 4 Cuspids (Canine)- Next to Incisors, pointed to tear food
- 8 Bicuspids (PreMolars)- Between Cuspids and Molars, like nutcrackers, to crush food
- 12 Molars- Rear of mouth, like mortars and pestles, to grind food

Permanent Teeth



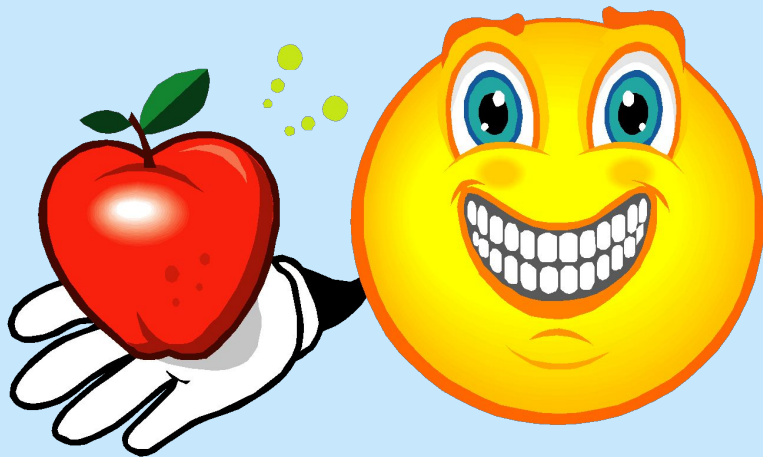
Flash Interactive: Body Basics: Mouth and Teeth



Why Do We Have Teeth?



- Chewing- Eating yummy food, no more baby food!
- Talking- Telling our parents how much we love them
- Appearance- Looking good on picture day!



Taking Care Of Our Teeth



- Brushing Teeth
2 times per day, for 2 minutes
- New Tooth Brush
Every 3 Months
- Flossing
1 time per day
- Eating Healthy food
- See A Dentist
2 times per year, about every 6 months



<http://www.youtube.com/watch?v=hDZXSMU2lAk>

Mouth Injury



Trips and Falls - Falling into furniture, down stairs, and on the playground often causes dental injury.

Water Fountains - Often kids injure teeth by ramming them into the spout of water fountains as they are taking a drink.

Forks and Spoons - Believe it or not some injuries are self-inflicted when people do not pay attention cracking or chipping their teeth with spoons or forks as they eat.

Bottle Caps - Never attempt to open a bottle cap by using their teeth.

Mouth Guards- Wear a mouth guard when playing sports. Not only do mouth guards protect teeth but they also protect lips, gums, and cheeks as well.

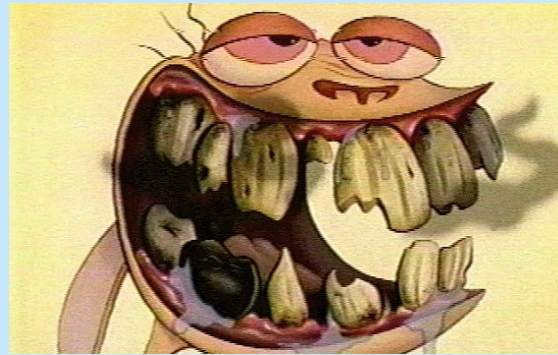
Healthy Foods VS Unhealthy Food



Not Taking Care Of Your Teeth=



http://www.youtube.com/watch?v=VLy9BbM9Drc&feature=player_detailpage



Resources



- <http://www.thefunplace.com/guild/spieler/injuries.html> The Fun Place
- <https://www.ada.org/index.aspx> American Dental Association
- <http://www.dentalcare.com/en-US/home.aspx>
- <http://www.crest.com/> Crest
- <http://www.mouthhealthy.org/>
- http://www.youtube.com/watch?v=VLy9BbM9Drc&feature=player_embedded ADA Stop Zombie Mouth Video by Pop Cap
- <http://mykidsdentistonline.com/>
- http://kidshealth.org/parent/interactive/teeth_it.html